

REPORT ON ONE DAY NATION WEBIAR

“ROLE OF NUTRITION AND LIFESTYLE CHANGES IN THE MANAGEMENT OF CANCER: THE WAY FORWARD”

ON 11th July 2021

Department of Human Physiology and NCC of Ambedkar College jointly organized a one day National webinar on “Role of nutrition and lifestyle changes in the management of cancer: The way forward” on 11th July 2021 in online platform (Google meet). The seminar focused on management of cancer by adopting good healthy lifestyles and diet. The programme started sharp at 11:00 am with the inauguration of virtual holy lamp followed by saraswati vandana. The welcome address was given by the convenor **Miss. Anvesha Dey** (guest faculty) Department of Human Physiology. The inaugural speech was given by chief guest of the day **Dr. Rabindranath Bhattacharyya**, former professor Department of Life Science, Presidency University, Kolkata, West Bengal, India.

The journey of webinar initiated with the introductory speech given by the Organising Secretary **Mr. sandipan Das** (guest faculty), Department of Zoology, Ambedkar College. The dignitaries on the dias were **Dr. Debasish Maiti**, professor, Tripura University and **Dr. Raktim Das** of Tezpur Medical College, Assam and Principal In-charge of Ambedkar College Dr. Subrata Sharma.

1st Speaker-Dr. Debasish Maiti, talked about the ‘how the nutrition and lifestyle changes can help in healing of cancer and which type of foods has anticancer properties. He also talked about his on-going research on cancer and also showed some of his research work published in high impact factor journals. He also gave answer to the queries raised by the participants at the end of his lecture.

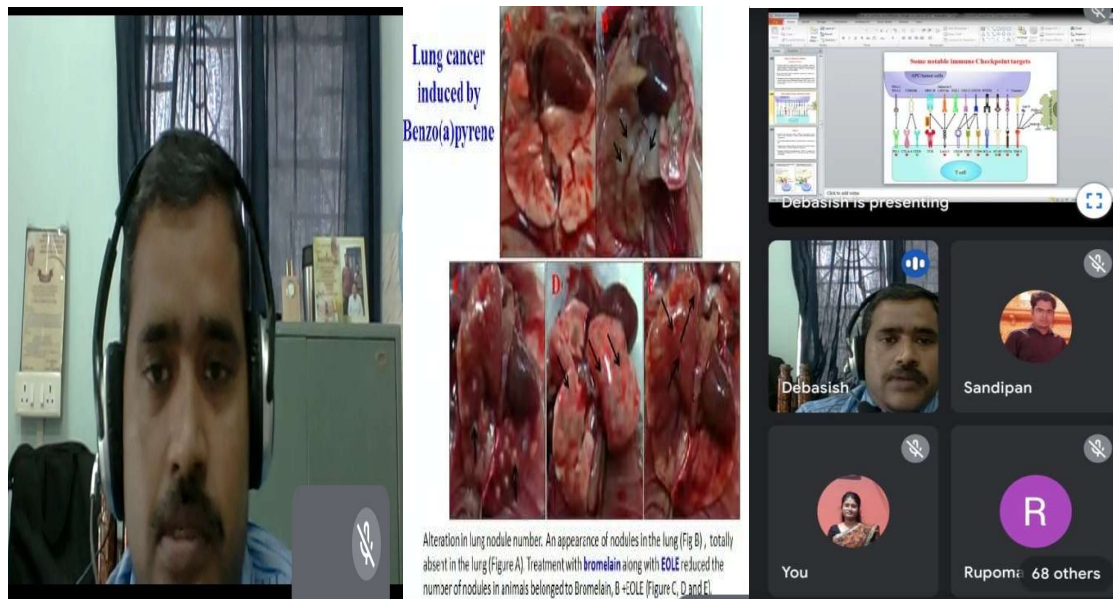


Figure 1: Deliberation of Dr. Debasish Maiti (prof) Tripura University.

2nd Speaker- Dr. Raktim Das of Tezpur Medical College, give special emphasis on understanding the cancer and how to diagnose the initial stages of cancer. He also answered the questions asked by the participants after the completion of his talk.

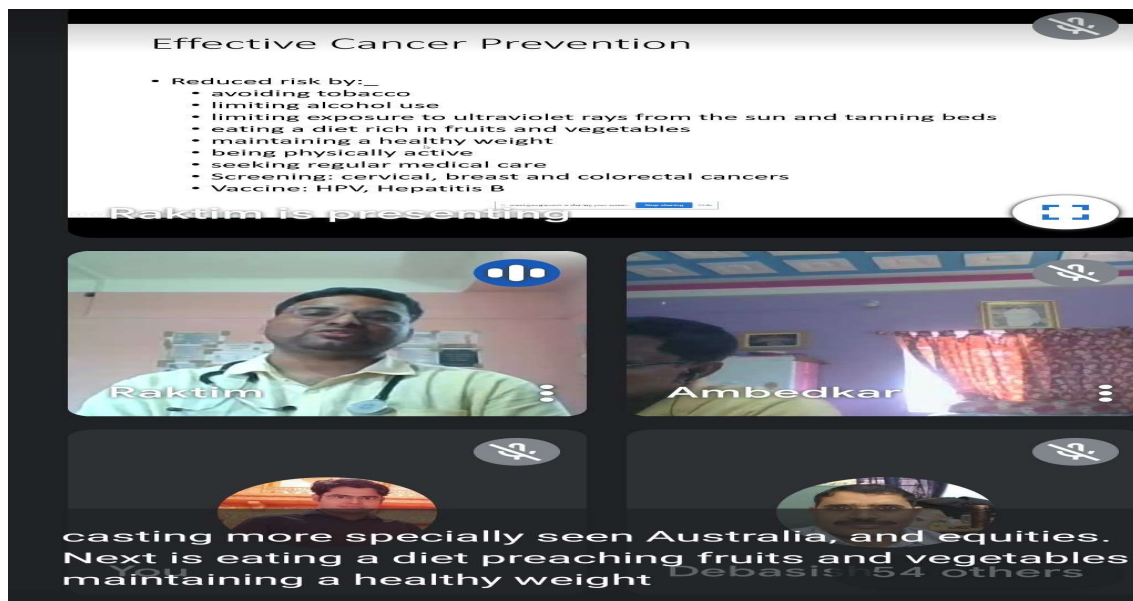


Figure 2: Dr. Raktim Das of Tezpur Medical College delivering his lecture on cancer prevention.

The programme wrapped up around 2:30 PM with the vote of thanks which was given by Dr. Subrata sharma, Principal, Ambedkar College, Fatikroy.